

## Core Skin Cancer Prevention Items

(From: Glanz K, Yaroch AL, Dancel M, Saraiya M, Crane LA, Buller DB, Manne S, O’Riordan DL, Heckman CJ, Hay J, Robinson JK. *Measures of Sun Exposure and Sun Protection Practices for Behavioral and Epidemiologic Research. Archives of Dermatology*, 144(2); 217-222, 2008.)

[Note: These measures are recommended for use in population based surveillance and both descriptive and experimental behavioral research. The work group suggests that researchers make minor adaptations to the questions based on their study aims, relevant geographic or seasonal considerations, and unique population characteristics such as race/ethnicity and skin cancer history. In addition, researchers are encouraged to evaluate the reliability and validity of these measures in various research contexts.]

### Final Core Items - ADULTS

For each question listed, please select the one answer that is the best response to the question.

#### Section 1 –Sun Habits

1. In the summer, on average, how many hours are you outside per day between 10 AM and 4 PM... on WEEK DAYS (Monday-Friday) ?

- 30 minutes or less .....
- 31 minutes to 1 hour.....
- 2 hours.....
- 3 hours.....
- 4 hours.....
- 5 hours.....
- 6 hours.....

2. In the summer, on average, how many hours are you outside per day between 10 AM and 4 PM... on WEEKEND DAYS (Saturday & Sunday) ?

- 30 minutes or less .....
- 31 minutes to 1 hour.....
- 2 hours.....
- 3 hours.....
- 4 hours.....
- 5 hours.....
- 6 hours.....

3. In the past 12 months, how many times did you have a red OR painful sunburn that lasted a day or more?

- $\frac{0}{0}$                        $\frac{1}{0}$                        $\frac{2}{0}$                        $\frac{3}{0}$                        $\frac{4}{0}$                        $\frac{5 \text{ OR MORE}}{0}$

For the following questions, think about what you do when you are outside during the summer on a warm sunny day.

NEVER    RARELY    SOMETIMES    OFTEN    ALWAYS

4. How often do you wear **SUNSCREEN**?.....

5. How often do you wear a **SHIRT WITH SLEEVES** that cover your shoulders? .....

6. How often do you wear a **HAT**?.....

7. How often do you stay in the **SHADE** or **UNDER AN UMBRELLA**?.....

8. How often do you wear **SUNGLASSES**?\*\* .....

9. How often do you spend time in the sun in order to get a tan? \*\*

NEVER  RARELY  SOMETIMES  OFTEN  ALWAYS

10. What is the color of your untanned skin? \*\*

- Very Fair .....
- Fair .....
- Olive .....
- Light Brown.....
- Dark Brown.....
- Very Dark .....

**SECTION 2 – Skin Examination**

11. Have you **EVER** had your skin checked for skin cancer from head to toe by a health professional? \*\*

- No .....  → *Skip to question 13*
- Yes.....



12. If yes, what is the month and year when you last had your skin checked from head to toe?

.....

--	--	--	--	--	--	--	--

Write Month/Year

13. In the last 12 months, have you or a partner examined your entire body, including your back, for skin cancer?

- No .....
- Yes.....



14. If yes, how many times? .....

--	--	--

Write number

\*\* *Secondary Items (all others are Primary Core Items)*

## Final Core Items – ADULT for CHILD age 1 to 10 years

For each question listed, please think about your CHILD who is 1 to 10 years old and select the one answer that is the best response to the question.

*If you have more than one child who is 1 to 10 years old, please answer this survey thinking about your **OLDEST** child who is 1 to 10 years old.*

### Section 1 – Background Information

1. Thinking of your oldest child between the ages of 1 and 10, what is the age of this child?

- Less than one year old .....
- 1-3 years old .....
- 4-6 years old .....
- 7-10 years old .....

2. Is this child a ...?

- Boy .....
- Girl .....

### Section 2 – Sun Habits

3. In the summer, on average, how many hours is this child outside per day between 10 AM and 4 PM... on WEEK DAYS (Monday-Friday) ?

- 30 minutes or less .....
- 31 minutes to 1 hour .....
- 2 hours .....
- 3 hours .....
- 4 hours .....
- 5 hours .....
- 6 hours .....

4. In the summer, on average, how many hours is this child outside per day between 10 AM and 4 PM ... on WEEKEND DAYS (Saturday & Sunday) ?

- 30 minutes or less .....
- 31 minutes to 1 hour .....
- 2 hours .....
- 3 hours .....
- 4 hours .....
- 5 hours .....
- 6 hours .....

5. In the past 12 months, how many times did this child have a red OR painful sunburn that lasted a day or more?

- $\frac{0}{0}$                        $\frac{1}{0}$                        $\frac{2}{0}$                        $\frac{3}{0}$                        $\frac{4}{0}$                        $\frac{5 \text{ OR MORE}}{0}$

For the following questions, think about what this child does when outside during the summer on a warm sunny day.

	NEVER	RARELY	SOMETIMES	OFTEN	ALWAYS
6. How often does <b>this child</b> wear <b>SUNSCREEN?</b> .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. How often does <b>this child</b> wear a <b>SHIRT WITH SLEEVES</b> that cover the shoulder?...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. How often does <b>this child</b> wear a <b>HAT?</b> .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. How often does <b>this child</b> stay in the <b>SHADE</b> or <b>UNDER AN UMBRELLA?</b> .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. How often does <b>this child</b> wear <b>SUNGLASSES? **</b> .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

11. How often does this child spend time in the sun in order to get a tan? \*\*

NEVER	RARELY	SOMETIMES	OFTEN	ALWAYS
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

12. What is the color of this child's untanned skin? \*\*

- Very Fair .....
- Fair.....
- Olive.....
- Light Brown.....
- Dark Brown.....
- Very Dark .....

\*\* *Secondary Items (all others are Primary Core Items)*

## Final Core Items – ADOLESCENTS

For each question listed, please select the one answer that is the best response to the question.

1. In the summer, on average, how many hours are you outside per day between 10 AM and 4 PM... on WEEK DAYS (Monday-Friday) ?

- 30 minutes or less.....
- 31 minutes to 1 hour.....
- 2 hours.....
- 3 hours.....
- 4 hours.....
- 5 hours.....
- 6 hours.....

2. In the summer, on average, how many hours are you outside per day between 10 AM and 4 PM... on WEEKEND DAYS (Saturday & Sunday) ?

- 30 minutes or less.....
- 31 minutes to 1 hour.....
- 2 hours.....
- 3 hours.....
- 4 hours.....
- 5 hours.....
- 6 hours.....

3. In the past 12 months, how many times did you have a red OR painful sunburn that lasted a day or more?

- $\frac{0}{\bigcirc}$
- $\frac{1}{\bigcirc}$
- $\frac{2}{\bigcirc}$
- $\frac{3}{\bigcirc}$
- $\frac{4}{\bigcirc}$
- $\frac{5 \text{ OR MORE}}{\bigcirc}$

For the following questions, think about what you do when you are outside during the summer on a warm sunny day.

	NEVER	RARELY	SOMETIMES	OFTEN	ALWAYS
4. How often do you wear <b>SUNSCREEN?</b> .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. How often do you wear a <b>SHIRT WITH SLEEVES</b> that <b>cover your shoulders?</b> .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. How often do you wear a <b>HAT?</b> .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. How often do you stay in the <b>SHADE</b> or <b>UNDER AN UMBRELLA?</b> .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. How often do you wear <b>SUNGLASSES?</b> ** .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

9. How often do you spend time in the sun in order to get a tan?

NEVER

RARELY

SOMETIMES

OFTEN

ALWAYS

10. What is the color of your untanned skin? \*\*

Very Fair .....

Fair.....

Olive.....

Light Brown.....

Dark Brown.....

Very Dark .....

\*\* *Secondary Items (all others are Primary Core Items)*